International Journal of General Medicine and Pharmacy(IJGMP) ISSN (P): 2319–3999; ISSN (E): 2319–4006 Vol. 10, Issue 1, Jan-Jun 2021; 7–14

International Academy of Science,
Engineering and Technology
Connecting Researchers; Nurturing Innovations

EFFECTIVENESS OF BUERGER ALLEN EXERCISE ON THE LOWER EXTREMITY
PERFUSION AMONG TYPE 2 DIABETES MELLITUS PATIENTS

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## **ABSTRACT**

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The present study was conducted to assess the effectiveness of Buerger Allen exercise on the lower extremity perfusion among Type 2 diabetes mellitus patients attending outpatient department at Department Of Atomic Energy hospital, at Kalpakkam.

**Objectives:** The objective was to assess the pre test level of lower extremity perfusion among Type 2 diabetes mellitus patients in experimental and control group.

**Methods:** The research approach adopted in this study is Quantitative evaluative Research and the research design adopted for the present study is quasi experimental design.

**Results**: The analysis depicted that in the experimental group, 76.7 % of the Type 2 Diabetes Mellitus patient's were having ABI for lower extremity values between the range 1.0-1.4, 23.3 % of the Type 2 Diabetes Mellitus were having values between the range 0.9to 0.99.

**KEYWORDS:** Buerger Allen Exercise, the Lower Extremity Perfusion and Type 2 Diabetes Mellitus

## **Article History**

Received: 05 May 2021 | Revised: 10 May 2021 | Accepted: 12 May 2021

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